

BE JOYFUL





DEFINING JOY

- ➤ Different from "happiness" (Prov. 14:3)
- ➤ A result of maintaining an accurate perspective (2 Cor. 4:8, 9; 1 Thess. 4:13; Acts 5:41)
- ➤ Can only truly be found in what is transcendent (Matt. 6:21)

➤ When the Lord is my greatest treasure, the Lord will be my greatest love, and the Lord will be my greatest joy.

9 HABITS OF HIGHLY JOYFUL PEOPLE (FROM PHILIPPIANS)

- 1. They're thankful (1:3-5).
- 2. They look for the positives (1:12-14).
- 3. They're single-minded (1:22-24; 18b-21).
- 4. They're selfless (2:3-5).
- 5. They don't grumble (2:14, 15).
- 6. They maintain a spiritual focus (3:7, 11, 13-15, 20, 21).
- 7. They give their anxieties to God (4:6, 7).
- 8. They meditate on good things (4:8, 9).
- 9. They're content (4:10-13).